

This brochure supplement provides information about Litsa Stella Preovolos that supplements the Alpha & Omega Financial Management Consultants brochure. You should have received a copy of that brochure. Please contact Litsa Stella Preovolos if you did not receive Alpha & Omega Financial Management Consultants's brochure or if you have any questions about the contents of this supplement.

Additional information about Litsa Stella Preovolos is also available on the SEC's website at www.adviserinfo.sec.gov.

Alpha & Omega Financial Management Consultants

Form ADV Part 2B – Individual Disclosure Brochure

for

Litsa Stella Preovolos

Personal CRD Number: 7640753

Investment Adviser Representative

Alpha & Omega Financial Management Consultants
8580 La Mesa Blvd Ste 100
La Mesa, CA 91942
(619) 462-7812
stella@aobenefits.com

UPDATED: 09/27/2022

Item 2: Educational Background and Business Experience

Name: Litsa Stella Preovolos **Born:** 1941

Educational Background and Professional Designations:

Education:

Business Education Accounting, University of Northern Colorado - 1963

Business Background:

02/2022 - Present	Investment Adviser Representative Alpha & Omega Financial Management Consultants
06/1975 - Present	Vice President Administration Alpha & Omega Financial Management Consultants,

Item 3: Disciplinary Information

There are no legal or disciplinary events that are material to a client's or prospective client's evaluation of this advisory business.

Item 4: Other Business Activities

Litsa Stella Preovolos is not engaged in any investment-related business or occupation (other than this advisory firm).

Item 5: Additional Compensation

Litsa Stella Preovolos does not receive any economic benefit from any person, company, or organization, other than Alpha & Omega Financial Management Consultants in exchange for providing clients advisory services through Alpha & Omega Financial Management Consultants.

Item 6: Supervision

As a representative of Alpha & Omega Financial Management Consultants, Litsa Stella Prevolos is supervised by Athanasios K. Prevolos, the firm's Chief Compliance Officer. Athanasios K. Prevolos is responsible for ensuring that Litsa Stella Prevolos adheres to all required regulations regarding the activities of an Investment Adviser Representative, as well as all policies and procedures outlined in the firm's Code of Ethics and compliance manual. The phone number for Athanasios K. Prevolos is (619) 696-0520.

Item 7: Requirements For State Registered Advisers

This disclosure is required by state securities authorities and is provided for your use in evaluating this investment advisor representative's suitability.

- A. Litsa Stella Prevolos has not been involved in any of the events listed below.
1. An award or otherwise being found liable in an arbitration claim alleging damages in excess of \$2,500, involving any of the following:
 - a) an investment or an investment-related business or activity;
 - b) fraud, false statement(s), or omissions;
 - c) theft, embezzlement, or other wrongful taking of property;
 - d) bribery, forgery, counterfeiting, or extortion; or
 - e) dishonest, unfair, or unethical practices.
 2. An award or otherwise being found liable in a civil, self-regulatory organization, or administrative proceeding involving any of the following:
 - a) an investment or an investment-related business or activity;
 - b) fraud, false statement(s), or omissions;
 - c) theft, embezzlement, or other wrongful taking of property;
 - d) bribery, forgery, counterfeiting, or extortion; or
 - e) dishonest, unfair, or unethical practices.
- B. Litsa Stella Prevolos has not been the subject of a bankruptcy petition.

This brochure supplement provides information about Athanasios K. Prevolos that supplements the Alpha & Omega Financial Management Consultants brochure. You should have received a copy of that brochure. Please contact Athanasios K. Prevolos if you did not receive Alpha & Omega Financial Management Consultants's brochure or if you have any questions about the contents of this supplement.

Additional information about Athanasios K. Prevolos is also available on the SEC's website at www.adviserinfo.sec.gov.

Alpha & Omega Financial Management Consultants

Form ADV Part 2B – Individual Disclosure Brochure

for

Athanasios K. Prevolos
Personal CRD Number: 5042711
Investment Adviser Representative

Alpha & Omega Financial Management Consultants
8580 LA MESA BLVD STE 100
LA MESA, CA 91942
(619) 462-7812
thanasi@thelawcorp.com

UPDATED: 09/28/2022

Item 2: Educational Background and Business Experience

Name: Athanasios K. Preovolos **Born:** 1970

Educational Background and Professional Designations:

Education:

BS Finance, University of Southern California - 1992

Business Background:

09/2022 - Present	Investment Adviser Representative Alpha & Omega Financial Management Consultants
01/1993 - Present	Attorney Preovolos Lewin, ALC

Item 3: Disciplinary Information

There are no legal or disciplinary events that are material to a client's or prospective client's evaluation of this advisory business.

Item 4: Other Business Activities

Athanasios K. Preovolos is a lawyer at Preovolos Lewin, ALC. From time to time, he will offer clients advice or products from this activity. Alpha & Omega Financial Management Consultants always acts in the best interest of the client. Clients are in no way required to utilize the services of any representative of Alpha & Omega Financial Management Consultants in their capacity as a lawyer.

Item 5: Additional Compensation

Athanasios K. Preovolos does not receive any economic benefit from any person, company, or organization, other than Alpha & Omega Financial Management Consultants in exchange for

providing clients advisory services through Alpha & Omega Financial Management Consultants.

Item 6: Supervision

As the Chief Compliance Officer of Alpha & Omega Financial Management Consultants, Athanasios K. Prevolos supervises all activities of the firm. Athanasios K. Prevolos's contact information is on the cover page of this disclosure document. Athanasios K. Prevolos adheres to applicable regulatory requirements, together with all policies and procedures outlined in the firm's code of ethics and compliance manual.

Item 7: Requirements For State Registered Advisers

This disclosure is required by state securities authorities and is provided for your use in evaluating this investment advisor representative's suitability.

- A. Athanasios K. Prevolos has not been involved in any of the events listed below.
1. An award or otherwise being found liable in an arbitration claim alleging damages in excess of \$2,500, involving any of the following:
 - a) an investment or an investment-related business or activity;
 - b) fraud, false statement(s), or omissions;
 - c) theft, embezzlement, or other wrongful taking of property;
 - d) bribery, forgery, counterfeiting, or extortion; or
 - e) dishonest, unfair, or unethical practices.
 2. An award or otherwise being found liable in a civil, self-regulatory organization, or administrative proceeding involving any of the following:
 - a) an investment or an investment-related business or activity;
 - b) fraud, false statement(s), or omissions;
 - c) theft, embezzlement, or other wrongful taking of property;
 - d) bribery, forgery, counterfeiting, or extortion; or
 - e) dishonest, unfair, or unethical practices.
- B. Athanasios K. Prevolos has been the subject of a Chapter 7 bankruptcy petition on 01/16/2013. This bankruptcy has since been discharged as of 04/18/2013.

This brochure supplement provides information about Fiel Armando Barrow that supplements the Alpha & Omega Financial Management Consultants brochure. You should have received a copy of that brochure. Please contact Fiel Armando Barrow if you did not receive Alpha & Omega Financial Management Consultants's brochure or if you have any questions about the contents of this supplement.

Additional information about Fiel Armando Barrow is also available on the SEC's website at www.adviserinfo.sec.gov.

Alpha & Omega Financial Management Consultants

Form ADV Part 2B – Individual Disclosure Brochure

for

Fiel Armando Barrow

Personal CRD Number: 5498447

Investment Adviser Representative

Alpha & Omega Financial Management Consultants

8580 LA MESA BLVD STE 100

LA MESA, CA 91942

(619) 754-4588

fbarrow@aobenefits.com

UPDATED: 06/08/2022

Item 2: Educational Background and Business Experience

Name: Fiel Armando Barrow **Born:** 1976

Educational Background and Professional Designations:

Education:

Bachelor of Science in Business Administration Finance, San Diego State University - 2008

Business Background:

02/2017 - Present	Senior Investment Advisor Alpha & Omega
11/2016 - 02/2017	Operations Client Service Associate RJ Patterson Capital Investment Group, Inc

Item 3: Disciplinary Information

There are no legal or disciplinary events that are material to a client's or prospective client's evaluation of this advisory business.

Item 4: Other Business Activities

Fiel Armando Barrow is a real estate broker or dealer. From time to time, he will offer clients advice or products from this activity. Clients should be aware that these services pay a commission and involve a possible conflict of interest, as commissionable products can conflict with the fiduciary duties of a registered investment adviser. Alpha & Omega Financial Management Consultants always acts in the best interest of the client; including in the sale of commissionable products to advisory clients. Clients are in no way required to implement the plan through any representative of Alpha & Omega Financial Management Consultants in their capacity as a real estate dealer or broker.

Item 5: Additional Compensation

Fiel Armando Barrow does not receive any economic benefit from any person, company, or organization, other than Alpha & Omega Financial Management Consultants in exchange for providing clients advisory services through Alpha & Omega Financial Management Consultants.

Item 6: Supervision

As a representative of Alpha & Omega Financial Management Consultants, Fiel Armando Barrow is supervised by Spiro Preovolos, the firm's President and Chief Executive Officer. Spiro Preovolos is responsible for ensuring that Fiel Armando Barrow adheres to all required regulations regarding the activities of an Investment Adviser Representative, as well as all policies and procedures outlined in the firm's Code of Ethics and compliance manual. The phone number for Spiro Preovolos is 619-462-7812.

Item 7: Requirements For State Registered Advisers

- A. Fiel Armando Barrow has not been involved in any of the events listed below.
1. An award or otherwise being found liable in an arbitration claim alleging damages in excess of \$2,500, involving any of the following:
 - a) an investment or an investment-related business or activity;
 - b) fraud, false statement(s), or omissions;
 - c) theft, embezzlement, or other wrongful taking of property;
 - d) bribery, forgery, counterfeiting, or extortion; or
 - e) dishonest, unfair, or unethical practices.
 2. An award or otherwise being found liable in a civil, self-regulatory organization, or administrative proceeding involving any of the following:
 - a) an investment or an investment-related business or activity;
 - b) fraud, false statement(s), or omissions;
 - c) theft, embezzlement, or other wrongful taking of property;
 - d) bribery, forgery, counterfeiting, or extortion; or
 - e) dishonest, unfair, or unethical practices.
- B. Fiel Armando Barrow has not been the subject of a bankruptcy petition.